



Mount Pearl Schedule

Effective September 24, 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						Mini Martial Arts A 10:30–11:00 am
	Mini Martial Arts A 5:30–6:00 pm	Mini Martial Arts B 5:30–6:00 pm	Mini Martial Arts A 5:30–6:00 pm	Mini Martial Arts B 5:30–6:00 pm		Mini Martial Arts B 11:00 – 11:30 am
High Belt Purple – Black 1:00 – 2:00 pm	Youth Martial Arts A 6:00–6:45 pm	Youth Martial Arts B 6:00–6:45 pm	Youth Martial Arts A 6:00–6:45 pm	Youth Martial Arts B 6:00–6:45 pm		Youth Martial Arts A 11:30 – 12:15 pm
Kickboxing 2:00 – 3:00 pm	Low Belt White – Orange 6:45 – 7:45 pm	High Belt Purple – Black 6:45 – 7:45 pm	Low Belt White – Orange 6:45 – 7:45 pm	High Belt Purple – Black 6:45 – 7:45 pm		Youth Martial Arts B 12:15 – 1:00 pm
Adult Martial Arts 3:00 – 4:30 pm		Kickboxing 7:45-8:45 pm		Adult Martial Arts 7:45-9:15 pm		Low Belt White – Orange 1:00 – 2:00 pm

Mini Martial Arts (A&B) (Previously Beginner Dragons)	Ages 3 – 5 \$19.48+HST/bi-weekly	Low Belt (White – Orange) (Previously Junior/Youth)	Ages 8 – 15 \$33.63 +HST/bi-weekly
Youth Martial Arts (A&B) (Previously Little Dragons)	Ages 6 – 7 \$29.20+HST/bi-weekly	High Belt (Purple – Black) (Previously Junior/Youth)	Ages 8 – 15 \$33.63 +HST/bi-weekly
Kickboxing	Age 10+ \$29.20+HST/bi-weekly OR \$6.37 + HST /bi-weekly (members)	Adult	Age 16 + \$33.63 +HST/bi-weekly