



# New Cove Winter Schedule

Effective January 2, 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Beginner Dragons (11:00–11:30)						Beginner Dragons (11:00–11:30)
Little Dragons (11:30–12:15)			Beginner Dragons (5:30–6:00)	Beginner Dragons (5:30–6:00)		Little Dragons (11:30–12:15)
Junior Martial Arts (12:30–1:30)			Little Dragons (6:00–6:45)	Little Dragons (6:00–6:45)		Junior Martial Arts (12:30–1:30)
Youth Martial Arts (1:30–2:30)			Junior Martial Arts (7:00–8:00)	Youth Martial Arts (7:00–8:00)		Youth Martial Arts (1:30–2:30)
						Adult Martial Arts (2:45–4:15)

Beginner Dragons	Ages 3 - 5	Junior Martial Arts	Ages 8 - 9	Adult Martial Arts	Ages 16+
Little Dragons	Ages 6 - 7	Youth Martial Arts	Ages 10 - 15		