

May 1 - 5					
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Group 1</b>	Tennis NL	Board Games	Fitness Mania	Gaga ball	Bounce House Fun
	Martial Arts	Yoga	Noodle Hockey	MAX Playground	Lego Construction
<b>Group 2</b>	MAX Playground	Noodle Hockey	Board Games	Fitness Mania	Gaga Ball
	Obstacle Courses	Martial Arts	Yoga	Soccer	MAX Playground
<b>Group 3</b>	Arts & Crafts	MAX Playground	Soccer	Board Games	Fitness Mania
	Tennis NL	Obstacle Courses	Martial Arts	Yoga	Bounce House Fun
<b>Group 4</b>	Human Battleship	Arts & Crafts	MAX Playground	European Handball	Board Games
	Family Feud	Dodgeball	Obstacle Courses	Martial Arts	Dance
<b>Group 5</b>	Bounce House Fun	Human Battleship	Arts & Crafts	MAX Playground	Tennis NL
	Lego Construction	Family Feud	Tennis NL	Obstacle Courses	Martial Arts
<b>Group 6</b>	Gaga Ball	European Handball	Human Battleship	Arts & Crafts	MAX Playground
	MAX Playground	Lego Construction	Family Feud	Dodgeball	Obstacle Courses
<b>Group 7</b>	Fitness Mania	Gaga Ball	Tennis NL	Human Battleship	Arts & Crafts
	Bounce House Fun	MAX Playground	Lego Construction	Family Feud	Tennis NL
<b>Group 8</b>	Board Games	Fitness Mania	Gaga Ball	Noodle Hockey	Human Battleship
	Dance	Soccer	MAX Playground	Lego Construction	Family Feud

Multipurpose Room 1	Groups 1 & 2
Multipurpose Room 2	Groups 3 & 4

Studio 4	Groups 7 & 8
Studio 3	Groups 5 & 6

3:45 – 4:30 pm
4:30 – 5:15 pm

May 8 - 12					
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Group 1</b>	Human Battleship	Arts & Crafts	MAX Playground	Dodgeball	Board Games
	Family Feud	Soccer	Obstacle Courses	Martial Arts	Dance
<b>Group 2</b>	Bounce House Fun	Human Battleship	Arts & Crafts	MAX Playground	Tennis NL
	Lego Construction	Family Feud	Tennis NL	Obstacle Courses	Martial Arts
<b>Group 3</b>	Gaga Ball	Dodgeball	Human Battleship	Arts & Crafts	MAX Playground
	MAX Playground	Lego Construction	Family Feud	Noodle Hockey	Obstacle Courses
<b>Group 4</b>	Fitness Mania	Gaga Ball	Tennis NL	Human Battleship	Arts & Crafts
	Bounce House Fun	MAX Playground	Lego Construction	Jeopardy	Tennis NL
<b>Group 5</b>	Board Games	Fitness Mania	Gaga Ball	Soccer	Human Battleship
	Dance	European Handball	MAX Playground	Lego Construction	Jeopardy
<b>Group 6</b>	Tennis NL	Board Games	Fitness Mania	Gaga Ball	Bounce House Fun
	Martial Arts	Yoga	Soccer	MAX Playground	Lego Construction
<b>Group 7</b>	MAX Playground	Noodle Hockey	Board Games	Fitness Mania	Gaga Ball
	Obstacle Courses	Martial Arts	Yoga	European Handball	MAX Playground
<b>Group 8</b>	Arts & Crafts	MAX Playground	Dodgeball	Board Games	Fitness Mania
	Tennis NL	Obstacle Courses	Martial Arts	Yoga	Bounce House Fun

Multipurpose Room 1	Groups 1 & 2
Multipurpose Room 2	Groups 3 & 4

Studio 4	Groups 7 & 8
Studio 3	Groups 5 & 6

3:45 – 4:30 pm
4:30 – 5:15 pm

May 15 - 19					
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Group 1</b>	Fitness Mania	Gaga Ball	Tennis NL	Human Battleship	Arts & Crafts
	Tennis NL	MAX Playground	Lego Construction	Jeopardy	Bounce House Fun
<b>Group 2</b>	Board Games	Fitness Mania	Gaga Ball	Gym Games	Human Battleship
	Dance	Dodgeball	MAX Playground	Lego Construction	Jeopardy
<b>Group 3</b>	Tennis NL	Board Games	Fitness Mania	Gaga Ball	Bounce House Fun
	Martial Arts	Yoga	Tennis NL	MAX Playground	Lego Construction
<b>Group 4</b>	MAX Playground	Soccer	Board Games	Fitness Mania	Gaga Ball
	Obstacle Courses	Martial Arts	Yoga	Noodle Hockey	MAX Playground
<b>Group 5</b>	Arts & Crafts	MAX Playground	Dodgeball	Board Games	Fitness Mania
	Bounce House Fun	Obstacle Courses	Martial Arts	Yoga	Tennis NL
<b>Group 6</b>	Human Battleship	Arts & Crafts	MAX Playground	European Handball	Board Games
	Jeopardy	Noodle Hockey	Obstacle Courses	Martial Arts	Dance
<b>Group 7</b>	Bounce House Fun	Human Battleship	Arts & Crafts	MAX Playground	Tennis NL
	Lego Construction	Jeopardy	Noodle Hockey	Obstacle Courses	Martial Arts
<b>Group 8</b>	Gaga Ball	European Handball	Human Battleship	Arts & Crafts	MAX Playground
	MAX Playground	Lego Construction	Jeopardy	Soccer	Obstacle Courses

Multipurpose Room 1	Groups 1 & 2
Multipurpose Room 2	Groups 3 & 4

Studio 4	Groups 7 & 8
Studio 3	Groups 5 & 6

3:45 – 4:30 pm
4:30 – 5:15 pm

May 22 - 26					
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Group 1</b>	MAX Playground	Gym Games	Board Games	Fitness Mania	Gaga Ball
	Obstacle Courses	Martial Arts	Yoga	Noodle Hockey	MAX Playground
<b>Group 2</b>	Arts & Crafts	MAX Playground	Tennis NL	Board Games	Fitness Mania
	Bounce House Fun	Obstacle Courses	Martial Arts	Yoga	Tennis NL
<b>Group 3</b>	Human Battleship	Arts & Crafts	MAX Playground	Dodgeball	Board Games
	Jeopardy	Basketball	Obstacle Courses	Martial Arts	Dance
<b>Group 4</b>	Bounce House Fun	Human Battleship	Arts & Crafts	MAX Playground	Tennis NL
	Lego Construction	Family Feud	Tennis NL	Obstacle Courses	Martial Arts
<b>Group 5</b>	Gaga Ball	Noodle Hockey	Human Battleship	Arts & Crafts	MAX Playground
	MAX Playground	Lego Construction	Family Feud	European Handball	Obstacle Courses
<b>Group 6</b>	Fitness Mania	Gaga Ball	Basketball	Human Battleship	Arts & Crafts
	Tennis NL	MAX Playground	Lego Construction	Family Feud	Bounce House Fun
<b>Group 7</b>	Board Games	Fitness Mania	Gaga Ball	Basketball	Human Battleship
	Dance	Dodgeball	MAX Playground	Lego Construction	Family Feud
<b>Group 8</b>	Tennis NL	Board Games	Fitness Mania	Gaga Ball	Bounce House Fun
	Martial Arts	Yoga	Dodgeball	MAX Playground	Lego Construction

Multipurpose Room 1	Groups 1 & 2
Multipurpose Room 2	Groups 3 & 4

Studio 4	Groups 7 & 8
Studio 3	Groups 5 & 6

3:45 – 4:30 pm
4:30 – 5:15 pm

May 29 - June 2					
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Group 1</b>	Tennis NL	Human Battleship	Arts & Crafts	MAX Playground	Bounce House Fun
	Lego Construction	Family Feud	Free Gym	Obstacle Courses	Martial Arts
<b>Group 2</b>	Gaga Ball	Noodle Hockey	Human Battleship	Arts & Crafts	MAX Playground
	MAX Playground	Lego Construction	Family Feud	Basketball	Obstacle Courses
<b>Group 3</b>	Fitness Mania	Gaga Ball	Gym Games	Human Battleship	Arts & Crafts
	Tennis NL	MAX Playground	Lego Construction	Family Feud	Bounce House Fun
<b>Group 4</b>	Board Games	Fitness Mania	Gaga Ball	European Handball	Human Battleship
	Dance	European Handball	MAX Playground	Lego Construction	Family Feud
<b>Group 5</b>	Bounce House Fun	Board Games	Fitness Mania	Gaga Ball	Tennis NL
	Martial Arts	Yoga	Tennis NL	MAX Playground	Lego Construction
<b>Group 6</b>	MAX Playground	Dodgeball	Board Games	Fitness Mania	Gaga Ball
	Obstacle Courses	Martial Arts	Yoga	Gym Games	MAX Playground
<b>Group 7</b>	Arts & Crafts	MAX Playground	Tennis NL	Board Games	Fitness Mania
	Bounce House Fun	Obstacle Courses	Martial Arts	Yoga	Tennis NL
<b>Group 8</b>	Human Battleship	Arts & Crafts	MAX Playground	European Handball	Board Games
	Family Feud	Basketball	Obstacle Courses	Martial Arts	Dance

Multipurpose Room 1	Groups 1 & 2
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Studio 4	Groups 7 & 8
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3:45 - 4:30 pm
4:30 - 5:15 pm

**New Activity Descriptions:**

**Tennis NL** – Tennis NL will visit MAX three days a week to conduct a learn to play program. Trained instructors will be onsite each week through this spring at different locations, showing children the fundamentals of the game.

**European Handball** – European Handball, also known as Team Handball or Field Handball, is a popular European indoor sport commonly known for its presence in the Olympics. European Handball is an outstanding sport due to its athletic, high-scoring and dynamic attributes. Promoting athleticism, fitness, strategies and ball skills, European Handball is the sport for everyone and is very popular all over the world.

**Bounce House Fun** – Every child, regardless of age, LOVES bouncy castles. MAX has top of the line bounce houses and bounce obstacle courses to keep children of all ages active and entertained. Every week the children will get to participate in the gym with our bounce houses. This activity isn't limited to just bounce houses, the gym will be filled with scooters, balls and free play equipment.

**Gaga Ball** – Gaga is a fast paced, high energy sport played in an octagonal pit. The more players the better! Dubbed a kinder, gentler version of dodge ball, the game is played with a soft foam ball, and combines the skills of dodging, striking, running, and jumping, while trying to hit opponents with a ball below the knees.

**Game Shows** – We will be bringing the most loved game shows to the after school program. Trivia shows such as Jeopardy, Family Feud and Who Wants to be a Millionaire with familiar themes such as Pokemon, Disney and Harry Potter to name a few.

**Fitness Mania** – A new twist to our regular Fitness 4 Fun with high energy, fast paced games.

**Lego Construction** – Another new twist on our regular Build 'n Play, this is Lego building with a purpose! This activity can be done in teams or individually. The children will be given a task, or a scenario, and they will have to construct the scenario with Lego blocks before the hour is up.

**Noodle Hockey** - Children play a game of hockey, but instead of sticks and a puck, they play with pool noodles and a light weight ball such as a beach ball or whiffle ball. Children will learn hand-eye coordination, aim, accuracy, team building skills, sharing and critical thinking.

**Street Hockey** – Let's get them outside and keep them active with street hockey. This will be a contained game of hockey inside of our caged courtyard for Groups 5 and up.

**Ultimate Frisbee** – Ultimate Frisbee is an indoor and outdoor team sport where the objective is to pass the disc amongst your teammates until a player can catch it in the end zone for a score. They will learn offensive and defensive skills while it incorporates the quick motion of basketball, the cutting of football, and the endurance of soccer.

Multipurpose Room 1	Groups 1 & 2	Studio 4	Groups 7 & 8	3:45 – 4:30 pm
Multipurpose Room 2	Groups 3 & 4	Studio 3	Groups 5 & 6	4:30 – 5:15 pm