

May 1 - 5					
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Group 1	Gym Games	Build 'n Play	Outside Play	Group Games	Yoga
	Lego Construction	Obstacle Courses	Manipulative Play	Dance	Outside Play
Group 2	Jeopardy	Noodle Hockey	Build 'n Play	Outside Play	Group Games
	Martial Arts	Lego Construction	Obstacle Courses	Manipulative Play	Dance
Group 3	Fitness Mania	Jeopardy	Noodle Hockey	Build 'n Play	Outside Play
	Play-Doh	Martial Arts	Lego Construction	Obstacle Courses	Bingo
Group 4	Gaga Ball	Fitness Mania	Jeopardy	Noodle Hockey	Build 'n Play
	Outside Play	Play-Doh	Martial Arts	Lego Construction	Obstacle Courses
Group 5	Arts & Crafts	Gaga Ball	Fitness Mania	Jeopardy	Bounce House Fun
	Dodgeball	Outside Play	Free Play	Martial Arts	Lego Construction
Group 6	Yoga	Arts & Crafts	Gaga Ball	Fitness Mania	Jeopardy
	Outside Play	Dodgeball	Outside Play	Free Play	Martial Arts
Group 7	Group Games	Yoga	Arts & Crafts	Gaga Ball	Fitness Mania
	Dance	Outside Play	Dodgeball	Outside Play	Free Play
Group 8	Street Hockey	Group Games	Yoga	Arts & Crafts	Gaga Ball
	Games Unlimited	Dance	Outside Play	Dodgeball	Outside Play
Group 9	Build 'n Play	Street Hockey	Group Games	Yoga	Arts & Crafts
	Obstacle Courses	Games Unlimited	Dance	Outside Play	Bounce House Fun

Multipurpose Room 1	Groups 1 & 2
Multipurpose Room 2	Groups 3 & 4
Multipurpose Room 3	Groups 5 & 6

Multipurpose Room 4	Group 7
Studio 2	Groups 8 & 9

3:30 – 4:30 pm
4:30 – 5:30 pm

May 8 - 12					
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Group 1	Writing Stations	Games Unlimited	Fitness Mania	Family Feud	Bounce House Fun
	Dodgeball	Outside Play	Play-Doh	Martial Arts	Lego Construction
Group 2	Yoga	Writing Stations	Games Unlimited	Fitness Mania	Disney Family Feud
	Outside Play	Dodgeball	Outside Play	Play-Doh	Martial Arts
Group 3	Group Games	Yoga	Arts & Crafts	Gaga Ball	Fitness Mania
	Dance	Outside Play	Dodgeball	Outside Play	Play-Doh
Group 4	Outside Play	Group Games	Yoga	Arts & Crafts	Human Battleship
	Bingo	Dance	Outside Play	Dodgeball	Outside Play
Group 5	Build 'n Play	Street Hockey	Group Games	Yoga	Arts & Crafts
	Obstacle Courses	Brain Teasers	Dance	Outside Play	Bounce House Fun
Group 6	European Handball	Build 'n Play	Street Hockey	Group Games	Yoga
	Lego Construction	Obstacle Courses	Brain Teasers	Dance	Outside Play
Group 7	Jeopardy	European Handball	Build 'n Play	Street Hockey	Group Games
	Martial Arts	Lego Construction	Obstacle Courses	Brain Teasers	Dance
Group 8	Fitness Mania	Jeopardy	European Handball	Build 'n Play	Street Hockey
	Free Play	Martial Arts	Lego Construction	Obstacle Courses	Games Unlimited
Group 9	Gaga Ball	Fitness Mania	Jeopardy	European Handball	Build 'n Play
	Outside Play	Free Play	Martial Arts	Lego Construction	Obstacle Courses

Multipurpose Room 1	Groups 1 & 2
Multipurpose Room 2	Groups 3 & 4
Multipurpose Room 3	Groups 5 & 6

Multipurpose Room 4	Group 7
Studio 2	Groups 8 & 9

3:30 – 4:30 pm
4:30 – 5:30 pm

May 15 - 19					
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Group 1	Build 'n Play	Outside Play	Group Games	Yoga	Arts & Crafts
	Obstacle Courses	Manipulative Play	Dance	Outside Play	Bounce House Fun
Group 2	British Bulldog	Build 'n Play	Outside Play	Group Games	Yoga
	Lego Construction	Obstacle Courses	Manipulative Play	Dance	Outside Play
Group 3	Family Feud	British Bulldog	Build 'n Play	Outside Play	Group Games
	Martial Arts	Lego Construction	Obstacle Courses	Bingo	Dance
Group 4	Fitness Mania	Family Feud	British Bulldog	Build 'N Play	Outside Play
	Play-Doh	Martial Arts	Lego Construction	Obstacle Courses	Bingo
Group 5	Human Battleship	Fitness Mania	Family Feud	Ultimate Frisbee	Build 'n Play
	Outside Play	Free Play	Martial Arts	Lego Construction	Obstacle Courses
Group 6	Arts & Crafts	Human Battleship	Fitness Mania	Family Feud	Bounce House Fun
	Capture the Flag	Outside Play	Free Play	Martial Arts	Lego Construction
Group 7	Yoga	Arts & Crafts	Human Battleship	Fitness Mania	Family Feud
	Outside Play	Capture the Flag	Outside Play	Free Play	Martial Arts
Group 8	Group Games	Yoga	Arts & Crafts	Human Battleship	Fitness Mania
	Dance	Outside Play	Capture The Flag	Outside Play	Free Play
Group 9	Street Hockey	Group Games	Yoga	Arts & Crafts	Human Battleship
	Games Unlimited	Dance	Outside Play	Capture The Flag	Outside Play

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Studio 2	Groups 8 & 9

3:30 - 4:30 pm
4:30 - 5:30 pm

May 22 - 26					
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Group 1	Games Unlimited	Fitness Mania	Disney Family Feud	Gym Games	Build 'n Play
	Outside Play	Play-Doh	Martial Arts	Lego Construction	Obstacle Courses
Group 2	Arts & Crafts	Games Unlimited	Fitness Mania	Jeopardy	Bounce House Fun
	Dodgeball	Outside Play	Play-Doh	Martial Arts	Lego Construction
Group 3	Yoga	Arts & Crafts	Human Battleship	Fitness Mania	Jeopardy
	Outside Play	Capture the Flag	Outside Play	Play-Doh	Martial Arts
Group 4	Group Games	Yoga	Arts & Crafts	Gaga Ball	Fitness Mania
	Dance	Outside Play	Capture the Flag	Outside Play	Play-Doh
Group 5	Street Hockey	Group Games	Yoga	Arts & Crafts	Gaga Ball
	Brain Teasers	Dance	Outside Play	Dodgeball	Outside Play
Group 6	Build 'n Play	Street Hockey	Group Games	Yoga	Arts & Crafts
	Obstacle Courses	Brain Teasers	Dance	Outside Play	Bounce House Fun
Group 7	Ultimate Frisbee	Build 'n Play	Street Hockey	Group Games	Yoga
	Lego Construction	Obstacle Courses	Brain Teasers	Dance	Outside Play
Group 8	Family Feud	Ultimate Frisbee	Build 'n Play	Street Hockey	Group Games
	Martial Arts	Lego Construction	Obstacle Courses	Games Unlimited	Dance
Group 9	Fitness Mania	Family Feud	Ultimate Frisbee	Build 'n Play	Street Hockey
	Free Play	Martial Arts	Lego Construction	Obstacle Courses	Games Unlimited

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May 29 - June 2					
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Group 1	Outside Play	Group Games	Yoga	Arts & Crafts	Games Unlimited
	Manipulative Play	Dance	Outside Play	Dodgeball	Outside Play
Group 2	Build 'n Play	Outdoor Play	Group Games	Yoga	Arts & Crafts
	Obstacle Courses	Manipulative Play	Dance	Outside Play	Bounce House Fun
Group 3	Noodle Hockey	Build 'n Play	Outdoor Play	Group Games	Yoga
	Lego Construction	Obstacle Courses	Bingo	Dance	Outside Play
Group 4	Jeopardy	Noodle Hockey	Build 'n Play	Outdoor Play	Group Games
	Martial Arts	Lego Construction	Obstacle Courses	Bingo	Dance
Group 5	Fitness Mania	Jeopardy	European Handball	Build 'n Play	Street Hockey
	Free Play	Martial Arts	Lego Construction	Obstacle Courses	Brain Teasers
Group 6	Gaga Ball	Fitness Mania	Jeopardy	European Handball	Build 'n Play
	Outside Play	Free Play	Martial Arts	Lego Construction	Obstacle Courses
Group 7	Arts & Crafts	Gaga Ball	Fitness Mania	Jeopardy	Bounce House Fun
	Dodgeball	Outside Play	Free Play	Martial Arts	Lego Construction
Group 8	Yoga	Arts & Crafts	Gaga Ball	Fitness Mania	Jeopardy
	Outside Play	Dodgeball	Outside Play	Free Play	Martial Arts
Group 9	Group Games	Yoga	Arts & Crafts	Gaga Ball	Fitness Mania
	Dance	Outside Play	Dodgeball	Outside Play	Free Play

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New Activity Descriptions:

Tennis NL – Tennis NL will visit MAX three days a week to conduct a learn to play program. Trained instructors will be onsite each week through this spring at different locations, showing children the fundamentals of the game.

European Handball – European Handball, also known as Team Handball or Field Handball, is a popular European indoor sport commonly known for its presence in the Olympics. European Handball is an outstanding sport due to its athletic, high-scoring and dynamic attributes. Promoting athleticism, fitness, strategies and ball skills, European Handball is the sport for everyone and is very popular all over the world.

Bounce House Fun – Every child, regardless of age, LOVES bouncy castles. MAX has top of the line bounce houses and bounce obstacle courses to keep children of all ages active and entertained. Every week the children will get to participate in the gym with our bounce houses. This activity isn't limited to just bounce houses, the gym will be filled with scooters, balls and free play equipment.

Gaga Ball – Gaga is a fast paced, high energy sport played in an octagonal pit. The more players the better! Dubbed a kinder, gentler version of dodge ball, the game is played with a soft foam ball, and combines the skills of dodging, striking, running, and jumping, while trying to hit opponents with a ball below the knees.

Game Shows – We will be bringing the most loved game shows to the after school program. Trivia shows such as Jeopardy, Family Feud and Who Wants to be a Millionaire with familiar themes such as Pokemon, Disney and Harry Potter to name a few.

Fitness Mania – A new twist to our regular Fitness 4 Fun with high energy, fast paced games.

Lego Construction – Another new twist on our regular Build 'n Play, this is Lego building with a purpose! This activity can be done in teams or individually. The children will be given a task, or a scenario, and they will have to construct the scenario with Lego blocks before the hour is up.

Noodle Hockey - Children play a game of hockey, but instead of sticks and a puck, they play with pool noodles and a light weight ball such as a beach ball or whiffle ball. Children will learn hand-eye coordination, aim, accuracy, team building skills, sharing and critical thinking.

Street Hockey – Let's get them outside and keep them active with street hockey. This will be a contained game of hockey inside of our caged courtyard for Groups 5 and up.

Ultimate Frisbee – Ultimate Frisbee is an indoor and outdoor team sport where the objective is to pass the disc amongst your teammates until a player can catch it in the end zone for a score. They will learn offensive and defensive skills while it incorporates the quick motion of basketball, the cutting of football, and the endurance of soccer.

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